

11-06-11 Skype Open Big Book Study Meetings (Contact Host to Request an Invitation)

Day	USA Central Time	Speaker	Host	Program	E-Mail Address	Skype ID
Monday	11:00 AM	Cliff Bishop	Joni Berman and Liz Harter	OA	ppgoajoni@gmail.com and lucritters2@aol.com	joni.berman and lizzie.j2
Monday	1:00 PM	Sara Osmon	Sara Osmon	AA in DANISH	saraosman.ppg@gmail.com	serenity5000
Tuesday	1:00 PM	Peter Misson	Goran Karlberg	AA	gkarlberg@globalnet.net	goran.karlberg2
Tuesday	1:00 PM	Cliff Bishop	Maria Barben	AI-Anon	waskyper@gmail.com	wa.skyper
Wednesday	1:00 PM	Cliff Bishop	Paul Leach	AA	paulleach@ymail.com	paulleach1
Wednesday	6:30 PM	Cliff Bishop	Angie Fisher	AA	angfisher25@yahoo.com	angfisher
Thursday	1:00 PM	Cliff Bishop	Victoria Reid	AA	victoriareidglass@yahoo.co.uk	victoria.reid2
Friday	1:00 PM	Cliff Bishop	Peter Misson	AA	peter.misson@gmail.com	jerseypete81
Saturday	3:00 PM	Peter Misson	Jeff Stone	AA	peopleplusaudio@gmail.com	spiritfree11
Saturday	8:00 PM	Cliff Bishop	Maria Barben	AA	waskyper@gmail.com	wa.skyper
Sunday	12:00 NOON	Christer Boberg	Christer Boberg	AA in SWEDISH	christer.boberg@box412.com	christer..boberg
Sunday	7:00 PM	Cliff Bishop	Diane Hilder	AA	dhilder@dodo.com.au	dideedoo

HAST -- Hawaii Standard Time -- Subtract 4 Hours [Except during Daylight Savings Time -- March through October -- Then 5 Hours]

AKST -- Alaska Standard Time -- Subtract 3 Hours

PST -- Pacific Standard Time -- Subtract 2 Hours

MST -- Mountain Standard Time -- Subtract 1 Hour [Except in Arizona during Daylight Savings Time -- March through October -- Then 2 Hours]

EST -- Eastern Standard Time -- Add 1 Hour

AST -- Atlantic Standard Time -- Add 2 Hours [Except during Daylight Savings Time -- March through October -- Then 1 Hour]

GMT -- Greenwich Mean Time -- Add 6 Hours

UTC -- Coordinated Universal Time -- Add 6 Hours

CET -- Central European Time -- Add 7 Hours

AUSTRALIAN WST -- Australian Western Standard Time -- Add 13 Hours [Except during Daylight Savings Time -- Then 15 Hours]

AUSTRALIAN CST -- Australian Central Standard Time -- Add 14.5 Hours [Except during Daylight Savings Time -- Then 16.5 Hours]

AUSTRALIAN EST -- Australian Eastern Standard Time -- Add 15 Hours [Except during Daylight Savings Time -- Then 17 Hours]

NZT -- New Zealand Time -- Add 17 Hours